



Highlights of the 24th VVO Oberelbe Marathon (OEM) on April 30, 2023

- Running course: The running course is the romantic Elbe Cycle Path - Germany's most popular long-distance cycle path alongside the scenic river Elbe from the castle-village *Königstein* to the city of *Dresden* (detailed information in the further text)
- Unique in the world: Marathon accompanying steamboat trip on one of the oldest paddle steamers in the world for families and friends of marathon runners (detailed info in the further text).
- Long weekend due to the public holiday on monday, May 1.

Organisational Information

ORGANISER

Oberelbe-Marathon e.V.

ORGANISATIONAL MANAGEMENT

xperience sport & events Veranstaltungsagentur

Marktweg 4

01157 Dresden

kontakt@oberelbe-marathon.de

www.oberelbe-marathon.de

IMPLEMENTING REGULATIONS

The 24th VVO Oberelbe-Marathon on 30.04.2023 is officially measured and will be carried out according to the regulations of the DLV. The class division will be done according to the specifications of the DLV.

ROUTE DESCRIPTION: THE RUNNING ROUTE IS THE ELBE CYCLE PATH – GERMANY'S MOST POPULAR LONG-DISTANCE CYCLE PATH!

The marathon starts in *Königstein*, a small castle-village located in the middle of the *Nationalpark Sächsische Schweiz*. On the first 15 kilometers you experience the fascinating and unique rock formations of the *Elbsandsteingebirge*. In *Pirna*, you will run a varied loop through the historic and attractive town centre before continuing on the Elbe cycle path towards *Schloss Pillnitz*, the former summer residence of the Saxon royal family. After passing *Laubegast* and later on the so-called *Blaues Wunder*, Dresden's world-famous suspension bridge, you will pass the three castles *Eckberg*, *Albrechtsberg* and *Lingnerschloss*. With a view at the *Frauenkirche* and other cultural and historical sights in the heart of *Dresden*, the finish line is reached shortly afterwards at the *Sportpark Ostra*. The half marathon runners start in *Pirna* and reach the Elbe cycle path after 0.5 km. From there, they run on the same route as the marathon runners to the finish line.



The 10 km runners start their race at the restaurant *SchillerGarten* below the Elbe bridge *Blaues Wunder*, one of most famous landmarks of *Dresden*.

The 5 km runners start below the Elbe bridge *Waldschlößchenbrücke* directly on the Elbe Cycle Path. The start and finish of the Mini-Marathon and the Bambini-Run is directly at the finish area in the *Sportpark Ostra*.

The Elbe Cycle Path is officially closed to public traffic on the day of the event!

ROUTES / START TIMES / START LOCATIONS

VVO Marathon » 9:20 a.m.

Königstein, Elbe meadow below the train station *Königstein*, directly at the river.

Lichtenauer Half Marathon » 9:10 a.m.

Pirna, *Glashüttenstraße*, company grounds of *Eissmann Automotive KTSN GmbH* (at the B 172). The start takes place in two waves.

RENTA 10-km-run » 9:10 a.m.

Dresden, restaurant *SchillerGarten* at the Elbe bridge *Blaues Wunder*, directly at the river.

Sachsenmilch 5-km-run » 9:10 a.m.

Dresden, Elbe bridge *Waldschlößchenbrücke*, directly at the river; (minimum age: 10 years or reaching this age in 2023).

AOK PLUS 2,7-km-Mini-Marathon » 8:50 a.m.

Dresden, *Sportpark Ostra*, finish area (minimum age: 7 years or reaching the age in 2023)

Zahnzentrum Am Ring - Bambini-Run (1 stadium lap) » 8:35 a.m.

Dresden, *Sportpark Ostra*, finish area

Every child under the age of 7, who would like to run but cannot participate in the AOK PLUS Mini-Marathon. Separate registration is not mandatory, but would be desirable for organizational reasons. All bambinis will receive a start number, a certificate and a medal. The Bambini-Run is free of charge.

FINISH AREA

The finish line for all competitions is located in the *Sportpark Ostra*, only a few hundred meters away from the *Semperoper* and the *Frauenkirche* in a central location of *Dresden*.

ONLINE REGISTRATION

<https://baer-service.de/anmeldung/ELB>

ORGANISATION FEE

Date	MA	HM	10-km	5-km
until 31.12.22	50 €	38 €	25 €	12 €
until 28.02.23	57 €	45 €	29 €	15 €
until 23.04.23	62 €	50 €	33 €	18 €



Participation in the Mini-Marathon costs 5 EUR, regardless of the registration period.

Of this, 1 EUR, will be donated to the *Ambulanter Kinder- und Jugendhospizdienst Dresden (AKHD)*.

For further information on the work of the children's hospice service see:

<https://www.deutscher-kinderhospizverein.de/kinder-und-jugendhospizdienste/dresden>

PAYMENT OF THE ORGANISATION FEE

Payment for German starters will be made by SEPA direct debit. The corresponding bank details are to be provided at the end of the online registration.

Foreign participants can choose between SEPA direct debit, PayPal and credit card.

REGISTRATION DEADLINE/ LATE REGISTRATIONS

Registration Deadline is April 23, 2023.

Registration will remain open after the official closing date (until April 27, 2023). However, the late registration fee will apply from 24 April 2023. Late registrations and re-registrations are also possible on 28/29 April 2023 at the start number distribution / Runner's Fair in the *BallSportARENA Dresden*. The late registration fee for all distances is 5€, except for the Mini-Marathon.

CONFIRMATION OF REGISTRATION

There will be no postal confirmation of registration. If an e-mail address is provided, you will receive an electronic registration confirmation which you have to bring with you to the race number distribution. The list of all registered participants is published on the internet. Please note that the registration is only final after successful debiting (up to 14 days).

POSTAL DISPATCH OF THE STARTING DOCUMENTS

We offer the mailing of the start number including the starter bag (= luggage bag) at a flat shipping rate of 8 EUR (shipping approx. 14 days before the event). In order to optimise the luggage transport at the start locations, it is inevitable to send the starter bag (= luggage bag) together with the start number in one shipment.

For organisational reasons, late registrations on the day of the race at the starting location are possible but not preferred. However, if you wish to register or re-register on the day of the race, you can do so at the starting location for a handling-fee of 10 EUR in addition to the registration fee.

START CANCELLATION / DEREGISTRATION

A re-registration to another race distance is generally no problem. Just send us an email to kontakt@oberelbe-marathon.de and let us know how you want to change your registration. We will forward this to our partner *Baer-Service*, who will then carry out the re-registration. You will receive a new confirmation of participation by mail immediately after the re-registration. A re-registration is also possible at the race number distribution / Runner's Fair (but then with additional costs → see notes below).

If you re-register for a longer distance, we will deduct the difference between the amount you have paid so far and the amount valid at the time of re-registration for the new distance. If the registration is changed to a shorter distance, the difference will not be refunded.

A change of registration is free of charge until 31.03.2023. From 01.04.2023 a fee of 6 EUR will be charged.



You can find all information regarding the cancellation of the start or a cancellation due to private or health reasons at <https://www.oberelbe-marathon.de/Service/FAQ>

TIME MEASUREMENT

In all running competitions (except Bambini-Run; Mini-Marathon only net time) the time will be taken by a transponder integrated in the start number. Please do not bend the start numbers, otherwise a time recording cannot be guaranteed. For each distance (except for the Mini-Marathon), places 1 - 10 in the overall race will be scored gross and therefore according to visible finish time, all others will be scored according to net time. The age group rankings of all distances will be evaluated according to net time, taking into account the places 1 - 10 overall gross.

START NUMBER

The start number must be placed clearly visible in the chest area. Sponsor logos are not to be covered.

FINISH DEADLINE

6:00 h after start marathon

ROUTE ESCORT

Accompanying the runners by bicycle is not permitted. Failure to comply with this requirement will result in irrevocable disqualification of the accompanied runner. There will be control posts for this purpose along the entire routes.

PACEMAKER

For the target times VVO Marathon 3:00 (2x), 3:15, 3:30 (2x), 3:45, 4:00 (2x), 4:15, 4:30 and 5:00h as well as Lichtenauer Half Marathon 1:30, 1:45 and 2:00 h (2x) pacemakers will accompany you, marked with a Salomon shirt with the corresponding target time printed on it.

CATERING / REFRESHMENTS ON THE ROUTE

Tea and Lichtenauer drinks will be offered on the course every 5 km. From km 10 onwards, there will be an additional supply of fruit, and from km 20 onwards, isotonic drinks and power bars from ultra sports. At km 38 there will be Feldschlößchen-Pilsner to mobilize the last forces. Additional water stations are set up at km 24 and 40.5. At the finish line there will be water, tea, cola, iso drinks and apples as first aid for runners.

Note: All participants will receive a free portion of noodles (voucher on start number) and a Feldschlößchen Radler Alcohol-free naturally cloudy (imprinted on start number) at the finish.

LUGGAGE TRANSPORT

The return transport of luggage from the start to the finish is covered for all routes. Please make sure to take the official starter bag for the luggage drop-off.

The baggage claim takes place in the *JOYNEXTArena* - only 100m away from the finish area.



MEDICAL CARE

Along the race course and in the finish area, medical care will be provided by *Malteser Hilfsdienst*. Doctors are on duty in the finish area (2) and at km 35 (1). All aid stations serve as contact points in case of injuries and breakdowns.

The emergency number is on the start number. We recommend that you include a telephone number on your race number so that your family / relatives can be informed promptly in the case of an emergency.

CLOTHES / SHOWER

There are plenty of shower and changing facilities in the *JOYNEXTArena* (formerly *EnergieVerbundArena*) right next to the finish area. The baggage claim area is also located in the arena, so you can take a shower directly after receiving your luggage.

MASSAGE

we are currently planning.

MERCHANDISING

High-quality Salomon functional shirts short- and long-sleeved as well as other Salomon products will be offered at the race number distribution / Runner's Fair and on race day in the finish area.

PRIZE MONEY / SPECIAL PREMIUM

The top three finishers in the women's and men's marathon will receive cash prizes (500, 300, 200 EUR). For achieving a new course record (men: 2:22:52 h; women: 2:38:41 h), the top finisher will receive 300 EUR.

For a running time of less than 2:20 h or 2:35 h, additional 300 EUR will be awarded.

The top three finishers in the women's and men's Lichtenauer Half Marathon will receive cash prizes (200, 100, 50EUR). For achieving a new course record, 150 EUR each will be awarded additionally (men: 1:07:46 h; women: 1:16:25 h).

At the market place in *Pirna* at km 18 an intermediate award of 300 euros is given to the first marathon-woman and the first marathon-man (powered by *Stadtwerke Pirna Energie GmbH*). The prerequisite for the receipt of this bonus is the finish among the first six per gender.

AWARDS AND PRIZES

VVO Marathon:

Overall place 1 - 6 women/men + honors in all age groups female/male

Lichtenauer Half Marathon:

Overall place 1 - 6 women/men

RENTA 10-km-Run:

Overall place 1 - 6 women/men



Sachsenmilch 5-km-Run:

Age group 10/11, 12/13, 14/16, 16 and older: Place 1 – 3 each female/male (Minimum age of participation 10 years or reaching this age by 31.12.2023)

AOK PLUS 2,7-km-Mini-Marathon:

Age groups 7/8, 9/10, 11/12: Place 1 - 3 each female/male
(Minimum age of participation 7 years or reaching this age by 31.12.23)
However, all age groups are eligible to participate.

Service

UNIQUE IN THE WORLD - MARATHON ACCOMPANYING STEAMBOAT TRIP

Accompanying persons and relatives of the marathon runners as well as other interested people have the possibility to accompany the marathon runners from *Königstein* to *Dresden* on a steam boat, chartered especially for the marathon.

The steamboat will be available from approx. 8.45 a.m. and will depart at approx. 09.10 a.m..

However, the ship will stay in the middle of the river and start together with the starting signal of the marathon field at 09.20 a.m.. The ship will dock at the *Terrassenufer* in *Dresden* at approx. 12.00 a.m.

Shuttle buses will be available here for the transfer to the finish area.

Ticket prices are:

Children up to and including 5 years: free of charge

Children between 6 and 14 years: 18 EUR

Adolescents and adults 15 years and older: 28 EUR

Ticket bookings and further information on the steamboat trip can be found at:

<https://www.oberelbe-marathon.de/unser-service/dampferfahrt/>

For more information about the offer you can write us an e-mail: kontakt@oberelbe-marathon.de

START NUMBER IS ALSO A TICKET ON THE DAY OF THE RACE

The start number is valid on 30. April 2023 as a ticket on all trains, buses, trams and ferries (except historic and special means of transport) in the *Verkehrsverbund Oberelbe (VVO)*. On all start numbers except for the Mini-Marathon and Bambini-Run you will find the combiticket button, which entitles you to free travel.

FREE COURSE AT THE MARATHON

The *Deutsche Bahn AG (DB)* will provide us with a half-hour time slot so that all marathon runners can pass the railway tracks between km 5 and 7 without stopping.

The start time at the marathon is determined by the time slot of the *DB*.

ATMOSPHERE ON THE RUNNING COURSE

Along the course as well as in the finish area, several music bands (Samba, Jazz, Dixie) will provide a lively atmosphere



PASTA AND FREE BEER IN THE FINISH AREA

All participants (except Bambini-Run) will receive a free portion of noodles in the finish area on race day. The pasta voucher is attached to the start number. A voucher for a Feldschlößchen Radler (non-alcoholic naturally cloudy) is also attached to the start number, which can be redeemed in the finish area (serving only for participants over 14 years of age).

MEDALS / ENGRAVING

Each finisher will receive a course-related medal at the finish line.

As usual, you can have your time engraved on the back of the medals at the finish area.

The engraving (7 EUR) can be ordered/obtained as follows:

- directly at the online registration
- at the finish line after your run against cash payment

CERTIFICATE

All finishers can have their certificates printed out directly in the finish area.

RESULTS/RESULTS BROCHURE

The preliminary results will be published on the Internet on the day of the race. There will no longer be a printed results booklet. Instead, it will be published as a digital version on the Internet.

FINISHER VIDEO/FINISHER SMS

On the day of the race, every participant will be able to watch their personal finish video on our results page.

When registering online, each participant can enter a desired mobile phone number. Immediately after the finish, a text message will be sent to this number with the time and place achieved (marathon runners will also receive their intermediate finish time).

ACCOMMODATION

Our marathon hotel, the *Dorint Hotel Dresden*, is again offering a special arrangement for the running weekend. Further information can be found at:

<https://www.oberelbe-marathon.de/unser-service/unterkuenfte/>

Further information

TRAVEL TO THE START AREAS:

S-BAHN/BUS

Start VVO Marathon in *Königstein*:

S-Bahn S1 from *Dresden Hbf*, travel time approx. 40 minutes. The scheduled S-Bahn trains of the S1 to *Königstein* will be increased in terms of space.



Start Lichtenauer Half Marathon in *Pirna*:

From *Dresden* there will be additional trains of the S-Bahn S2 to *Pirna*, travel time approx. 20 minutes. There will be shuttle buses from the station to the half marathon start area.

Alternative exit: *Heidenau-Großsedlitz*, approx. 500 m walk to the start area.

RENTA 10-km-Run / Sachsenmilch 5-km-Run:

To the starting points *SchillerGarten* (10 km) as well as *Waldschlößchenbrücke* (5 km) special buses of *Taeter Tours* will leave at 8:00 a.m. from *Pieschener Allee* / corner *Rudolf-Harbig-Weg*.

Special service:

At <https://www.oberelbe-marathon.de/dein-oem/anreise-fahrplan/> you can find your personal, route-related destination link to be on time at the starting line on the day of the race by public transport.

TRAVELLING BY CAR

VVO Marathon / Lichtenauer Half Marathon:

B 172 from *Dresden* in the direction of *Sächsische Schweiz/Bad Schandau*. Due to the limited parking possibilities in *Königstein* and *Pirna* and the offer of free train transfers to the start locations, we strongly recommend using the S-Bahn!

RENTA 10-km-Run / Sachsenmilch 5-km-Run:

Residential streets in the area of *Waldschlößchenbrücke* and *Schillerplatz* with limited parking possibilities. We recommend our shuttle bus service from the finish area (exactly: corner of *Pieschener Allee* / *Rudolf-Harbig-Weg*) to both start locations (departure 8:00 am).

AOK PLUS 2,7-km-Mini-Marathon / Zahnzentrum am Ring Bambini-Run:

There is plenty of parking space available around the finish area *Sportpark Ostra* (start and finish of both distances). Please follow the signs.

HAND OUT OF STARTING PAPERS / RUNNER'S FAIR

The hand-out of the starting documents will take place in the *BallSportARENA Dresden* (*Weißeritzstraße 4*). The arena is located directly next to the finish area in the *Sportpark Ostra*. The nearest train station is *Dresden-Mitte*, only 300m away.

Friday, April 28, 2023: 15-19 pm

Saturday, April 29, 2023: 10 am-18 pm

IMPORTANT NOTICE FOR THE COLLECTION OF THE STARTING DOCUMENTS!!!

There will be no postal registration confirmation. If you enter your e-mail address, you will receive an electronic registration confirmation, which you must bring with you to the start number collection.

Parallel to the hand-out of the starting documents, a

RUNNER'S FAIR will take place in the *BallSportARENA Dresden*, where partners and companies from the areas of running clothing, running travel, fitness and health will present themselves and offer their products at fair prices.



ARRIVAL TO THE DISTRIBUTION OF THE STARTING DOCUMENTS / RUNNER'S FAIR

TRAVELLING BY TRAIN / S-BAHN / BUS

Train RB 34, 60, 61, RE 1, 2, 15, 18, 50 from *Dresden Hbf*, 1 stop to *Bahnhof Mitte* (5 minutes walk) or S-Bahn S1, S2 from *Dresden Hbf*, 2 stops to *Bahnhof Mitte* (5 minutes walk)
Tram: Line 10, from *Dresden Hbf*, 4 stops to *Weißeritzstraße* (3 minutes walk) or: Line 11, from *Dresden Hbf Nord*, 5 stops to *Kongresszentrum*.

TRAVELLING BY CAR

A4 from *Chemnitz*: Exit *Dresden-Altstadt* → B 6 in the direction of the city center. After approx. 6.5km from the A4 exit you will pass directly by the arena.

A13/A4 from *Berlin*: Exit *Dresden-Hellerau* → B 170 in the direction of the city center.
At *Dresden-Neustadt* train station, take the B 6 towards *Meißen* and after approx. 5km from the A4 exit, you will pass directly by the *BallSportARENA Dresden*.

Parking is available in the *Parkhaus Mitte* (directly opposite the *BallSportARENA Dresden*) and along *Pieschener Allee*, not far from the *BallSportARENA*.

EVENT CANCELLATION

If the OEM is cancelled again due to the Corona pandemic, all participants who have registered to date will receive an e-mail with a link. There are three options to choose from: Refund of the entry fee (also possible on a pro-rata basis)*, credit note for 2024 or donation.

* Contrary to other organisers, we offer you a full refund. During the planning period of the event, immense costs are incurred (advertising, rent, graphics department, IT, external service providers for the registration system...). In order to ensure the continuity of the OEM, we hope for your understanding to waive a small part of the entry fee (voluntarily).

So you can register whenever you want. There will be no disadvantages for you.

**WE WISH YOU AND US A SUCCESSFUL RUNNING EVENT AND LOOK FORWARD TO SEE YOU!
YOUR OEM TEAM!**